

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	HRF Activities	Gymnastics	Dance	Gymnastics	Athletics	Athletics
	Moving & handling	Moving & handling	Moving & handling	Moving & handling	Problem solving	Striking and fielding
	Games	Games	Games	Games	Summer games	HRF Activities
Year 1	HRF Activities	Gymnastics	Dance	Gymnastics	Athletics	Athletics
	Moving & handling	Throwing, catching and aiming	Sportshall athletics	Team games	Bat and ball games	HRF Activities
	Games	Games	Bat and ball skills	Team games	Striking and fielding	Inventing games
Year 2	HRF Activities	Gymnastics	Dance	Gymnastics	Athletics	Athletics
	Team games	Team games	Sportshall athletics	Team games	Striking and fielding	HRF Activities
	Problem solving	Sportshall athletics	Bat and ball skills	Team games	Bat and ball games	Striking and fielding
Year 3	HRF Activities	Gymnastics	Swimming	Swimming	Athletics	Athletics
	Invasion games	Net/wall games	Dance	Sportshall athletics	Invasion games	Striking and fielding
	Invasion games	Dodgeball	Sportshall athletics	Striking and fielding	Net and wall games	HRF Activities
Year 4	HRF Activities	Gymnastics	Dance	Gymnastics	Athletics	Athletics
	Invasion games	Net/wall games	Invasion games	Striking and fielding	Striking and fielding	Net and wall games
	Invasion games	Dodgeball	Sportshall athletics	Invasion games	OAA	HRF Activities
Year 5	HRF Activities	Gymnastics	Dance	Gymnastics	Athletics	Athletics
	Invasion games	Net/wall games	Invasion games	Striking and fielding	Net and wall games	OAA
	Invasion games	Sportshall athletics	Dodgeball	Invasion games	Striking and fielding	HRF Activities
Year 6	HRF Activities	Gymnastics	Dance	Gymnastics	Athletics	Athletics
	Invasion games	Net/wall games	Invasion games	Striking and fielding	Striking and fielding	Summer games
	Invasion games	Sportshall athletics	Dodgeball	Invasion games	Net and wall games	HRF Activities

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